

LYVNA Team 1 Coach



POSITION DESCRIPTION

Title:

Team 1 Coach

Term:

1 Year

Responsible to:

- 1) Representative Team Coordinator (Committee Representative)
- 2) Head Coach (if applicable)

Purpose:

- 1) To lead the coaching of the designated LYVNA Representative squad in a manner that extends and develops players' netball skills
- 2) To coach the Team 1
- 3) Develop and provide the following for Team 1;
 - a) Training schedule
 - b) Delivery of training drills, exercises and systems
 - c) Player development programs
- 4) Mentor and develop the skills of the Apprentice Coach and other Team Coaches

Duties:

General

- 1) Understand and adhere to LYVNA netball policies and codes of conduct
- 2) In conjunction with the other Team Coaches, discuss individual and squad goals and planning
- 3) Develop Training Session planning which may include the following key areas;
 - a) *Player Core Skill* development and extension
 - b) *Player Strategic and Decision Making* reinforcement and extension
 - c) *Physical Conditioning*, including skill based activities and physical training program.
 - d) *Player Feedback and Goal Setting*
- 4) To organise the warm-ups, skills and drills and cool downs of all players at trials.
- 5) To select, in consultation with the selection panel, the squad for which you are responsible from the trials
- 6) To ensure that all squad members are assessed for fitness and skills
- 7) To ensure the squad is run as a squad until such time as the final teams are selected and not to close your mind on any players
- 8) To provide training sessions on at least a weekly basis of a high quality and that aim to develop all players in the Team
- 9) Monitoring the players progression and development
- 10) Attend all training, team events, games and coaches meetings. Notify Team Coaches and/or Rep Team Coordinator of any unavailability

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11) Provide game time instructions and feedback to the players

Apprentice Coach (if applicable)

12) Mentor Apprentice Coach

13) Delegate duties and responsibilities to the Apprentice Coach at training

14) Communicate with the Apprentice Coach with regard to all training, player development and on-court systems

15) To assist with the development of the coaching skills of the Apprentice Coach

16) To provide constructive feedback on coaching skills of the Apprentice Coach

Assistant Coach (if applicable)

17) Delegate duties and responsibilities to the Assistant Coach

18) Use the knowledge and experience of the Assistant Coach to help with the training, development and improvement of the Team and individual Players

19) Communicate with the Assistant Coach with regard to all training, player development and on-court systems

Personal Specifications:

1) A minimum Development Coaching accreditation

2) A commitment to up skill through attending coaches courses and conferences during the year

3) Experience in coaching at Representative level

4) Experience in coaching at Club level

5) Proven ability to communicate, improve the skills of and work with young players.

6) Proven ability to work with other coaches.