# **Valley Netball Apprentice Coach**



# **POSITION DESCRIPTION**

#### Title:

Apprentice Coach

#### **Responsible to:**

- 1) Representative Team Coordinator (Committee Representative)
- 2) Coaches Convenor
- 3) Head Coach (if applicable)
- 4) Designated Valley Representative Coach
- 5) Other Team Coaches

#### Term:

1 Year

#### Purpose:

- 1) To learn and gain experience required to coach Representative Teams
- 2) To assist the Team Coach in the coaching of designated Valley Representative team
- 3) To assist in the delivery of the Annual Development and Training Program for the designated Valley Representative squad

### **Duties:**

- 1) Understand and adhere to Valley netball policies and codes of conduct
- 2) Discuss training with the Team Coach and have a clear understanding of the Training Session planning which may include the following key areas;
  - a) Player Core Skill development and extension
  - b) Player Strategic and Decision Making reinforcement and extension
  - c) Physical Conditioning, including skill based activities and physical training program.
  - d) Player Feedback and Goal Setting
- 3) Under the Team Coach's directions, assist with the delivery of training
- 4) Under the Team Coach's directions, assist with the monitoring of development, fitness and wellbeing of the Team.
- 5) Support all the Team Coach with provision of sports specific training.
- 6) Assist and support the Team Manager at games and tournaments.
- 7) Where requested by the designated Team Coach, observe and assist with the preparation of allocated team for participation in scheduled tournaments and fixtures.
- 8) Support the designated Team Coach and Team Manager with the collation of statistics and other information that may be required for game analysis and results
- 9) Under the designated Team Coach's directions, assist with monitoring the players progression and development
- 10) Under the designated Team Coach's directions, provide game time feedback of the Team's performance as well as individual Player's performance to the Team Coach, both during and after the game.

# **Valley Netball Apprentice Coach**



- 11) Under the designated Team Coach's directions, provide game time instructions and feedback to the players as directed by the Team Coach.
- 12) Attend as many trainings, team events, games and coaches' meetings as possible. Notify Team Coach of any unavailability

### **Personal Specifications:**

- 1) Coaching at Club level is not a pre-requisite Representative positions although it is preferred and strongly encouraged.
- 2) A commitment to up skill through completing Foundation Coaching Accreditation, attending coaches' courses and conferences during the season
- 3) Ability to communicate, improve the skills of and work with young players.
- 4) Ability to work with other coaches.

## **Expectations:**

An Apprentice Coach can expect the following from the designated Team Coach

- 1) To delegate duties and responsibilities to the Apprentice Coach
- 2) To communicate with the Apprentice Coach regarding all training, player development and on-court systems
- 3) To assist with the development of the coaching skills of the Apprentice Coach
- 4) To provide constructive feedback on coaching skills of the Apprentice Coach